

PRIVATE LESSONS INFORMATION FORM

Private lessons and semi private lessons are a great way to help students gain skills at a faster pace. For some students private lessons may be more beneficial than being enrolled in a class program. Reasons may include time constraints for parents, specialized needs, or simply wanting to improve on special skills. With individual attention, the coach can focus on your child's needs and the progressions necessary for improvement. This usually results in a student being able to learn at a faster pace.

We offer private lessons in both gymnastics, flexibility, fitness and other specific sporting needs. All private lessons are given by an experienced and qualified gymnastics teacher, where they meet your needs in recreational, levels, elite gymnastics and meeting personal sporting needs.

Competitive gymnasts can especially benefit from private lessons if there are certain skills that they need improvement on.

Private lessons are especially useful for dancers who desire to learn acrobatics and further improve their dance skills.

Coaches teach by encouragement so that you are assured that lessons will be enjoyable as well as productive in terms of accomplishment.

Private fitness lessons are also given by on an individual basis. These can benefit kids who want to improve their strength and coordination so that they can excel in other sports.

The teacher also works with children who are overweight and would like an enjoyable way to improve their health and appearance. This is done with an exercise program that is designed to meet the needs of each individual child.

Private lessons are 60 minutes, but can be 30 minutes, 45 minutes, or even 2 hours each depending on individual needs. Prices vary depending upon the number of private lessons that a student schedules.

Prices:	1 hour lesson 1 student	\$70 each
	1 hour lesson 2 students	\$45 each
	1 hour lesson 3-4 students	\$35 each

Discount: 1 hour 10 session pass at \$550

Each lesson is scheduled and paid for through the coach. Bookings are available by appointment through calling 0421017750,

On Time Policy:

All Private Lessons will start on time. Please arrive at the facility a few minutes early to allow for preparation for class.

Cancellation:

Rescheduling is allowed if notified 24 hours in advance. Otherwise lessons are rescheduled only if:

- The lesson is cancelled due to unscheduled closing of the facility
- The lesson is missed due to instructor's absence.